

Supplies:

Two 8" pieces of thread, needle, 6" piece of two ply cord, PVA, scissors, press

Threading Needle:

Step 1- Apply small amount of PVA to the cord and let it dry

Step 2- Knot together the two pieces of thread on one end only

Step 3- Thread one of the pieces to the needle and knot it to the needle

Step 4- Place the book in the press so the foreedge is facing you and it's slightly angled about 30 degrees towards you

Sewing:

Step 5- On the left side of the book, cast down with the needle into the center of the first signature

Step 6- Pierce through the center of the fold of the signature so that the needle exits through the spine under the Coptic/Kettle stitch

Step 7- Pull the thread until the knot hits the signature's fold

Step 8- Bring the needle up and cast down a second time into the same hole in the center of the first signature and again exit through the spine. This creates a loop that will hold the cord in place

Step 9- Cut the cord so that it's about one inch longer than the text block. Place it on the top of the text so that it extends a half inch on either side of the top of the text block, then pull the thread so the loop tightens and traps the cord to the top of the text block

Step 10- Bring the needle up and place the thread to the immediate right of the thread holding the cord in place

Step 11- Bring the other piece of thread over the first one and loop it twice under and over the cord, adjacent and to the right of the first thread

Step 12- Bring the needle attached to the first thread over the second thread and cast it down into the text (it doesn't have to be in the center of a signature), again exiting under the Coptic/Kettle stitch

Step 13- Bring the needle up so the thread is adjacent and to the right of the second thread, then loop it twice under and over the cord

Step 14- Repeat 11-13 until you get to end of the text block

Step 15- At the end of the text block, cast the needle down through text, pull it through, knot the thread against the back of the spine, then cut the thread

Step 16- Repeat 1-15 for the other end of the book